

Community Independent Living Service (CILS)

This is a local service that supports vulnerable adults in the borough. This leaflet explains how.



What is Community Independent Living Service (CILS)

CILS is a borough wide network of support, information and advice and signposting service for vulnerable adults. The aim of the service is to help people to live as independently as possible within the community. CILS will help those in need to either maintain or recover some or all their:

- physical and social independence
- emotional, health and well-being.

CILS will provide information and advice, signposting, support groups, social, education and cultural events as well as exercise, fitness and training opportunities. The service is delivered by Go Local and The Community Partnership in your local area.



GoLocal

The GoLocal partnership consists of Age UK Richmond, Ruils, Richmond Citizen Advice Bureau, Richmond Mencap and Ethnic

Minorities Advocacy Group. Information drop-in sessions are held from 10am 2pm at Sheen library every Tuesday and at Whitton community library every Thursday.

For Barnes, Mortlake, East Sheen, Twickenham, and Whitton

Tel: 020 8973 1877

Email: hello@golocal.org.uk

Web: www.golocal.org.uk

#GoLocal

The Community Partnership

This partnership consists of Richmond AID and Integrated Neurological Services working together with Kew Community Trust, Alzheimer's Society, Richmond Adult Community College, Richmond Homes and Lifestyle Trust, Ethnic Minorities Advocacy Group, Richmond Borough Mind, Hampton and Hampton Hill Voluntary Care (The Greenwood Centre), Ham & Petersham SOS, Teddington Older People's Welfare Association (Elleray Hall), Linden Hall.



For Teddington and The Hamptons

Tel: 020 8831 6464

Email: richmondaid@commpartnership.co.uk

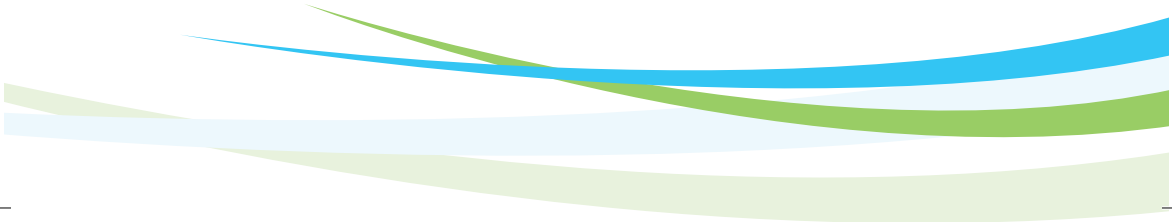
Web: www.commpartnership.co.uk

For Richmond, Kew, Ham and Petersham

Tel: 020 3693 4000

Email: ins@commpartnership.co.uk

Web: www.commpartnership.co.uk



How to contact the Adult Community Services

Telephone: **020 8891 7971**

Textphone: **18001 020 8891 7971**

Email: **adultsocialservices@richmond.gov.uk**

Website: **www.richmond.gov.uk/cils**

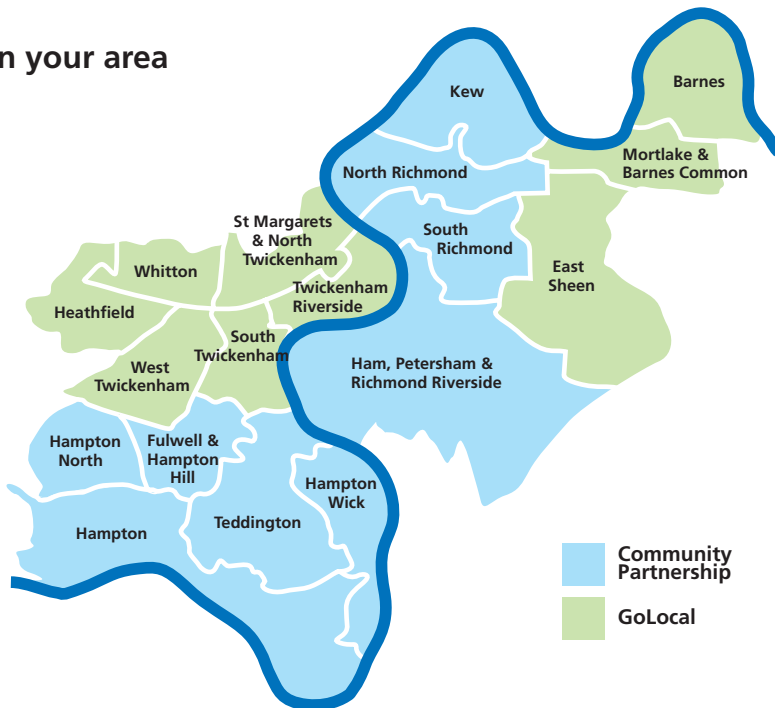
Where to find us

Adult and Community Services

Civic Centre, 44 York Street, Twickenham TW1 3BZ

Our offices are open Monday to Thursday from 9am to 5.15pm and on Friday from 9am to 5pm.

CILS in your area



If you need this publication in an alternative format, such as a different language, audio tape, Braille or large print, please call us on **020 8891 7971**.